

In case of emergency, please notify: _____

Relationship: _____

Phone: _____

Why are you seeking counseling at this time? _____

Check any symptoms you may have exhibited in the past six months:

- | | |
|--|--|
| <input type="checkbox"/> Sadness/Crying Spells | <input type="checkbox"/> Nervousness/Jittery |
| <input type="checkbox"/> Socially Isolated | <input type="checkbox"/> Irritable/Temper Outbursts |
| <input type="checkbox"/> Weight Loss or Gain | <input type="checkbox"/> Persistent Thoughts |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Mood Swings |
| <input type="checkbox"/> Excessive Sleep | <input type="checkbox"/> Excessive Worrying |
| <input type="checkbox"/> Loss of interest | <input type="checkbox"/> Fidgety |
| <input type="checkbox"/> Difficulty Having Fun | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Excessive Anger/Hostility | <input type="checkbox"/> Feeling like you are out of control |
| <input type="checkbox"/> Suicidal Thoughts/Statements | <input type="checkbox"/> Grieving |
| <input type="checkbox"/> Difficulty with Authority Figures | <input type="checkbox"/> Easily Distracted |
| <input type="checkbox"/> Often in Trouble | <input type="checkbox"/> Conflicts with Peers |
| <input type="checkbox"/> Argumentative | <input type="checkbox"/> Risk taking behavior |
| <input type="checkbox"/> Alcohol and other drug use | <input type="checkbox"/> Self-injury |
| <input type="checkbox"/> Change in friends | <input type="checkbox"/> Change in grades |
| <input type="checkbox"/> Other (please describe): _____ | |

Have you ever been hospitalized? If so, why?

List and describe any history of emotional disorder(s) in your biological family (e.g.; addiction, depression, schizophrenia etc.):

List and describe any significant life events (e.g. divorce, death in family, break-up etc.):

How are you doing in school (i.e. grades, with peers, with teachers, with coaches)?

List and describe any current or historical physical problems (e.g. weight gain, headaches, stomach aches, etc.):

List any medication(s) and dosage you are currently prescribed: _____

Prescribing Physician: _____ Phone: _____

Consent to speak to physician: _____

Name

Date

What are your strengths and hobbies? _____

List your three primary treatment goals:

1. _____

2. _____

3. _____

How did you hear about Teen Talk Line? _____

It is customary to thank the referring person. **Your signature below gives me permission to contact and thank this person (optional).** No other information will be disclosed.

Signature: _____

Date: _____
